



KNOLE ACTIVE

FITNESS SUITE MEMBERSHIP

APPLICATION FORM

- ◆ Please fill out all the necessary details below, including your method of payment and the direct debit mandate (if applicable). It is important that the medical questionnaire is completed and signed, in addition to the Terms and Conditions of the contract.
- ◆ All gym members are required to undergo an induction before using the gym.
- ◆ The minimum age for members is 13 years, unless approved by the gym manager.

Thank you for taking the time to complete your application. We look forward to welcoming you to our gym.

Personal Details:

Surname:

Forename: Date of Birth:

Address:

..... Postcode:

Email: Mobile No:

Do you declare yourself Disabled? NO / YES If YES, please specify in the box provided below:

IMPORTANT—DATA PROTECTION

Knole Active (KAV) collects and processes information about gym members. The Data Protection Act 1998 requires KAV to obtain your agreement before this can be done. In signing this form you are giving consent for your personal and sensitive information to be processed under the rules and safeguards laid down by the 1998 Act. KAV has procedures in place to ensure that all information held about you will be dealt with confidentially, held securely and only processed in accordance with KAV's notification to the Information Commissioner, who administers the Act. KAV may wish to contact you for marketing purposes. If you do not wish to be contacted in this way, please tick this box.

Emergency Contact Details:

Contact Name: Home Telephone No:

Relationship: Mobile No:

Office Use Only:

Induction Date: Membership Type:

Payment Type Staff Signature:

Membership options:

With our 'Anytime' memberships, as well as different payment options, we offer a choice that is either more cost effective or is more convenient for you.

An 'Anytime' membership entitles the member to use the gym at any time during opening hours.

All gym members are required to undergo an induction before using the gym.

Please indicate the type of membership you require by ticking the relevant box

Yearly, monthly or daily memberships		REFER A FRIEND AND RECEIVE ONE FREE PERSONAL TRAINING SESSION . THE MORE FRIENDS YOU REFER, THE MORE YOU GET FREE!		
Membership Types	Paid in full for the year	12 months contract (paid monthly via Direct Debit only)		Non-contracted
Adults	£295.00 <input type="checkbox"/>	£25.00	<input type="checkbox"/>	£30.00 <input type="checkbox"/>
Adult couples	£535.00 <input type="checkbox"/>	£45.00	<input type="checkbox"/>	£60.00 <input type="checkbox"/>
REFER A FRIEND AND RECEIVE ONE FREE PERSONAL TRAINING SESSION				
Disabled members	£240.00 <input type="checkbox"/>	£20.00	<input type="checkbox"/>	£20.00 <input type="checkbox"/>
Youth members (13–17 years)	£180.00 <input type="checkbox"/>	£15.00	<input type="checkbox"/>	£15.00 <input type="checkbox"/>
Students (student ID required)	£240.00 <input type="checkbox"/>	£20.00	<input type="checkbox"/>	£25.00 <input type="checkbox"/>
Pay as you go	N/A	N/A		£5.00 per visit <input type="checkbox"/>

Payment options:

Cash <input type="checkbox"/>	Cheque (enclosed and made payable to Knole Academy) <input type="checkbox"/>	Credit/Debit Card <input type="checkbox"/>
Direct Debit (please ensure you fill in the direct debit mandate) <input type="checkbox"/>		

Please complete parts 1 to 6 to instruct your Bank to make payments directly from your account, then return this form to:-
Sports & Leisure Manager, Knole Academy Enterprises, Bradbourne Vale Road, Sevenoaks, TN13 3LE

1. To: The Manager Bank: _____ Branch: _____
 Address: _____
Please write the full postal address and postcode of your bank in the space provided.

2. Name of Account Holder: _____
 3. Address of Account Holder: _____
Banks may refuse to pay Direct Debits from some types of account.

4. Bank Sort Code: - -

5. Bank Account Number:

6. Your instructions to the Bank, and your Signature(s):

- I instruct you to pay Direct Debits from my account at the request of Knole Academy Enterprises.
- I confirm that the amounts to be debited are variable and may be debited on various dates.
- I shall notify the Bank in writing if I wish to cancel this instruction. I shall notify Knole Academy Enterprises of such cancellation.

Details of the Direct Debit Guarantee can be found in the Fitness Suite Terms and Conditions, on our website - www.knoleacademy.org.

I agree to the Terms and Conditions outlined in the 'Terms of Agreement Knole Academy Enterprises'.

Signature(s): _____ Date: _____

Consent to Exercise:

Exercising is an essential part of maintaining a healthy lifestyle. Some people however are unable to participate fully due to illness or other medically restrictive reasons. It is therefore important that the following questions are answered fully and honestly to enable us to ensure that our members can exercise safely.

- ◆ Please ensure that you sign the declaration below.
- ◆ If you are under 18 years of age, a parent or guardian must also sign the Declaration of Consent to Exercise.
- ◆ If you are unable to sign for any other reason, a nominated responsible adult may do so on your behalf.

Physical Activity Readiness Questionnaire (PARQ):

	YES	NO
Have you, for any reason, been unable to exercise in the past?		
Has your physician ever advised you against exercising?		
Have you ever suffered from any cardiac (heart) related illness?		
Have you ever suffered from respiratory difficulties?		
Have you ever suffered from fainting, migraines or loss of balance?		
Have you ever suffered from any bone, joint or muscle related disease?		
Is there any history of heart disease in your family?		
Have you ever experienced chest pain whilst exercising?		
Do you have high blood pressure?		
Do you have elevated cholesterol levels?		
Are you currently taking prescribed medication?		

If you answered 'yes' to any of the above, please give details in the box provided below. All information is held in strictest confidence and is accessible only by the gym manager and the relevant Knole Active staff.

Declaration of Consent to Exercise:

I confirm that all the answers above are true to the best of my knowledge and I believe I am able to participate in exercise at Knole Active.

Signature: Date:

The person making this application is under 18 years of age, or unable to sign themselves. I therefore confirm that I will be taking responsibility for this person's declaration.

Name: Relationship:

Terms and Conditions:

Please read the following carefully and sign the declaration below. If you are under 18 years of age, a parent or guardian must also sign. If you are unable to sign for any other reason, a nominated responsible adult may do so on your behalf.

- ◆ You must scan your membership fob upon arrival at the gym. Without your membership fob, you will be unable to use the gym.
- ◆ If a fob is lost, a replacement will be issued upon receipt of a £10.00 payment to cover administrative costs.
- ◆ Members who opt for annual membership, must pay in advance.
- ◆ Members who opt for a contract membership agree to join for a minimum of 12 months. The first month is payable in advance by cash or credit/debit card.
- ◆ Prepaid memberships are non-refundable. There is a 14 day cooling off period for new gym members who take out the direct debit option. The deposit is non-refundable. The 14 days start from the date of induction. To cancel a Direct Debt membership after 12 months, members must give 90 days written notice.
- ◆ Students must be aged 18 years or above and a valid, in date, photographic ID must be produced.
- ◆ Youth members should be 13 - 17 years of age and must be supervised by a parent/guardian.
- ◆ Youth members may use the academy facilities without parental supervision during the 'Youth' access times, weekdays from 15:30 to 16:30.
- ◆ When exercising under the supervision of parents/guardians, all Youth members will be exercising at their own risk.
- ◆ A Day Pass (£5.00) entitles you to full use of gym for one day only. The pass is not transferable.
- ◆ A FREE Personal Training Session will be given to the existing member after the new member has signed their 12 month contract.
- ◆ Any deliberate action or careless misuse which results in damaged equipment may result in members being liable for repair or replacement.
- ◆ Any member found dishonestly bringing non-members to the gym, or who open the door for another member who cannot enter with the use of their own individual fob, will have their membership suspended at the discretion of the sports and leisure team.
- ◆ If for any reason a direct debit payment fails to credit our account, membership will be suspended until payment resumes or another payment method is used.
- ◆ KAV management reserves the right to exclude any member they deem not to be adhering to any of the above terms and conditions or, by their actions, pose a health and safety risk to others.

Declaration:

I agree to the Terms and Conditions outlined above.

Signature: Date:

The person making this application is under 18 years of age or unable to sign themselves. I therefore confirm that I will be taking responsibility for this person's declaration.

Name: Relationship:

Induction:

On joining, all members are offered a comprehensive induction to instruct you on the use of the gym equipment. You are strongly advised to undertake this, however if you do not require an induction, please tick the box below. KAV will not accept any liability for any claim for personal injury if you use the gym equipment having not undertaken an induction from a qualified member of KAV Staff.

I do not require to undertake an induction from a qualified member of KAV staff.

TICK



Fitness Suite Mobile: 07799 050312

Email: sport@knoleacademy.org

Website: www.knoleacademy.org